

TE REO MĀORI KI MIRĀNO KOTĪNA 2026

THE FIRST OFFICIAL
OLYMPIC WINTER GAMES GLOSSARY
IN MĀORI AND ENGLISH

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HE KUPU WHAKATAKI

Me mihi ka tika ki te kuputaka reo-rua tuatahi o te ao *Te Reo Māori ki Parī 2024*, nā te mea i tēnei tau ka haria anō e Te Kapa o Aotearoa – The New Zealand Team te reo Māori ki mua i te aroaro o te ao whānui, arā, ki ngā Taumāhekeheke Takurua o te Ao ki Mirāno Kotīna 2026.

Kua toro te reo Māori o te putanga tuarua o te kuputaka hākinakina Taumāhekeheke Māori-Ingarihi ki ngā momo tākaro, ki ngā horopaki, me ngā tūponotanga ahurei ka noho hei whakataukī mō ngā Taumāhekeheke Takurua o te Ao.

Nā te pātuitanga tōroa o Te Taura Whiri i te Reo Māori, o Te Whare o Pou Tangata, me Rangiata, e whakanuia ana, e rangona ana, e whakamahia ana anō hoki te reo Māori i tētahi o ngā ahurei ingoa-nui, whakakotahi hoki i ngā tāngata katoa, o te ao.

Kātahi anō ka whakamāramatia ngā pūkenga, te koi, te pakari me te ū whakaihuwaka o ngā kaipara Taumāhekeheke Takurua ki te reo taketake o Aotearoa. Hei mahutatanga atu a *Te Reo Māori ki Mirāno Kotīna 2026* mō ngā hākinakina takurua maha kāore anō kia puta he kupu Māori mō te ao. Mai i te kōpaka ki te huka, ki te tere me te pakari, hei whakaata tēnei kuputaka i te reo hou e pihipihi ake nei mō te tākaro taumata tiketike, nā te hinengaro Māori i waihanga.

Hei whakanui i ngā kaipara o Aotearoa ki Mirāno Kotīna, ka aro nui tēnei kuputaka ki ngā hākinakina e rima e whāia nei e ō tātou kaipara. Ka kawea whakamua ngā tākaro 30 mai o te

rauemi o *Te Reo Māori ki Parī 2024*, i hangaia ai ōna kupu me ōna kianga neke atu i te 1000 te maha.

Hei whakakitenga tēnei putanga tuarua i te reo Māori hei reo ora, reo pukukori, reo mō nāiane, me te titiro ki ngā mano tau o tōna whakapapa, i a tātou e kōrero noa iho nei i te reo i ngā pārae tauwhāinga o te ao.

Ko tā *Te Reo Māori ki Mirāno Kotīna 2026* he tāpae ki mua i te katoa ngā kupu me ngā kianga hei puaki i te whakahī, i te tauawhi, i te hiamō hoki mō ngā ekenga taumata o ō tātou Kaipara Taumāhekeheke Takurua, i te reo taketake tonu o Aotearoa. Kua oti tēnei kuputaka te tārei mō te hunga matatau rawa ki te reo Māori, tae atu ki ērā e hiahia ana ki te ako, ki te whakamahi hoki i ngā kianga e kawē nei i te mana o te reo me tōna hononga ki te wā kāinga.

Ahakoā kaipāpāho e whakahoki ana i ngā rongo kōrero mō ngā pikinga taumata me ngā whakamātautau ki ō tātou kaipara, ahakoā ākongā e tūhura nei i ngā Taumāhekeheke o te Ao mā te marautanga, ahakoā whānau, ahakoā kaitautoko e umere ana i tawhiti, i tahaki rānei, mā te katoa tēnei kuputaka—e kawē nei i te reo Māori mō ngā wā o te whakahī o te katoa, mō ngā wā hoki e whakanuia ai ngā mahi a te tangata.

Kia kaha te kapa o Aotearoa

Kia kaha te reo Māori.



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TE TAURA WHIRI
I TE REO MĀORI
MĀORI LANGUAGE COMMISSION



sky



INTRODUCTION

Building on the world-first bilingual glossary *Te Reo Māori ki Parī 2024*, Te Kapa o Aotearoa – The New Zealand Team will once again take te reo Māori to the world stage, this time at the Winter Olympic Games Milano Cortina 2026.

The second edition of the Māori–English bilingual Olympic sports glossary extends te reo Māori into the unique disciplines, environments, and moments that define the Winter Games.

Through the ongoing partnership between Te Taura Whiri i te Reo Māori, the New Zealand Olympic Committee, and Rangiata Sky, te reo Māori continues to be celebrated, heard, and used in one of the world’s most visible and unifying events.

Never before has the skill, precision, resilience, and elite dedication of Winter Olympic athletes been expressed in the indigenous language of Aotearoa New Zealand. *Te Reo Māori ki Mirāno Kotīna 2026* provides a starting point for many winter sports where Māori words had until now not existed. From ice and snow to speed and endurance, this glossary reflects the evolving language of high-performance sport through a Māori worldview.

To acknowledge the Aotearoa New Zealand athletes at Milano Cortina, this glossary features the five sports our athletes are aiming to compete in. It builds on the 30 sports

from *Te Reo Māori ki Parī 2024* resource, for which more than 1000 words and phrases were created.

This second edition is a further expression of te reo Māori as a living, dynamic, and contemporary language, grounded in centuries of heritage yet fully at home in global sporting arenas.

Te Reo Māori ki Mirāno Kotīna 2026 equips everyone with the words and phrases to express pride, support, and excitement in the achievements of our Winter Olympians, in Aotearoa New Zealand’s language. The glossary has been designed for fluent speakers of te reo Māori, as well as for those who wish to learn and use phrases that carry the mana of the language and its connection to home.

Whether broadcasters are sharing the triumphs and challenges of our athletes, students are exploring the Olympics through the curriculum, or whānau and fans are cheering from near and far, this glossary is a tool for everyone—bringing te reo Māori into moments of collective pride and celebration.

Kia kaha te kapa o Aotearoa

Kia kaha te reo Māori.



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NGĀ IHIRANGI

He rauemi pāhekoheko tēnei. Pāwhiria, patohia rānei i raro iho nei kia kotahi atu ai koe ki tētahi tū whārangi, māna, kia pāwhiri rānei, kia patohia atu rānei ngā pātene hoki whakamuri/haere whakamua kei te take o ia whārangi e pai ai tāu pōkai i ngā tuhinga. Pāwhiria, patohia rānei te taitara kei te tihi whakatemaui o te whārangi kia hoki mai ai koe ki te whārangi o ngā ihirangi i te wā e hiahia ana.

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ALL SPORTS HĀKINAKINA



Alpine Skiing
Retihuka Heke Maunga



Biathlon
Hākinarua



Bobsleigh/Luge/Skeleton
Kōneke Tira/Kōneke Tīraha/
Kōneke Tāpapa



Cross-Country Skiing
Retihuka Tahora



Curling
Huri Kōhatupata



Figure Skating
Reti Kōpaka Rerehua



Freestyle Skiing (Freeski)
Retihuka Neketūtū



Ice Hockey
Haupae Kōpaka*



Speed Skating
Reti Kōpaka Tere



Ski Jumping
Retihuka Peke



Mountaineering
Retihuka Maunga



Snowboarding
Eke Papahuka



Nordic Combined
Raupapa Nōtiki

*Ice Hockey – Haupae Kōpaka
[hau W.39 'strike, smite, deal
blows to, hew, chop' kōpae
TM 'disk', kōpaka W. 135 'ice,
frost hail']



WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Downhill (Event)	Heke Maunga
Super G (Event)	Kōpikopiko Nui
Giant Slalom (Event)	Kōpikopiko Hira
Speed suit	Kahu tere
Helmet	Pōtae mārō
Gate	Putanga
Course	Ara
Line choice	Whiringa ara
Tuck	Koromeke/Pikowae
Course set	Tautuhi ara
Carve	Rere tāwhe
Arcing	Rere tāwhe tika
Ruts	Ngā ara kōawa
Hot seat	Nohoanga wera
Snow surface	Mata huka
Hard and fast	He mārō, he tere
Great form	Niwha te tū

ALPINE SKIING

RETIHUKA HEKE MAUNGA



PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
He/She is carving clean, tight turns	He tino tika tāna rere tāwhe i ngā huringa
He/She is holding a strong line	E ū tonu ana ia ki tana whiringa ara
He/She is flying down the course!	Me he perehia ka rere i te takutai one!
He/She exploded out the gate	Putā mārika i te kēti
He/She is transitioning smooth between turns	He angī tana whakawhiti i ngā huringa
He/She is sitting tight in the hot seat!	E noho ana ia i te nohoanga wera!
He/She put down a precision perfect run	He pai rawa atu tāna reti
He/She should be proud of how they have represented New Zealand	Me poho kererū ia mō tana whakakanohi i a Aotearoa
A historic moment for New Zealand	He wā puri mahara tēnei mō Aotearoa



WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Skip	Kaiurungi
Lead	Kaiarataki
Stone	Kōhatupata
Sweep	Tahitahi
House	Whare
End	Wāhanga
Sheet	Papa kōpaka
Draw	Epa
Peel	Turaki
Guard	Tauārai
Takeout	Tuki
Hammer	Kōhatu mutunga
Blank end	Wāhanga pirokore
Raise	Tute

CURLING

HURI KŌHATUPATA



PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
He/She is sweeping hard to hold the line	Tahitahi ana ia mō te hemo tonu atu
He/She is peeling guards like a pro!	Me he tē tāna turaki tauārai!
He/She is guarding the house with precision	E tiaki pū ana ia i te whare
He/She has executed a perfect shot	Te pai hoki o tāna epa
He/She is playing with great accuracy	He tika pū tāna tākaro
He/She is setting up a textbook end	E whakatū ana ia i te mutunga kounga
The team put it all out there on the sheet	Kua pau te pēnehinu i te kapa
Excellent shot!	Kātahi te epa!



WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Freeski Slopestyle (Event)	Retihuka Neketūtū Harapaki
Freeski Halfpipe (Event)	Retihuka Neketūtū Uerangi
Freeski Big Air (Event)	Retihuka Neketūtū Tārewa
Skis	Ngā reti
Boots	Ngā pūtu
Poles	Ngā toko
Cork/double cork/ triple cork/quad cork	Wairori/wairori rua/ wairori toru/wairori whā
Spin	Hurihuri
Flip	Kauhuri
Grab	Kapo
Switch	Whiti
Shifty	Koropana
Money booter	Peke nui rawa atu
Transition	Whitinga
Knuckle	Rinoi
Landing	Taunga
Stomped	Takahi
Put it down	Tatū ki raro
Coping	Niao kaho
Alley oop	Takawairore
Technicality	Tuatini
Variation	Tāupe

FREESTYLE SKIING (FREESKI) RETIHUKA NEKETŪTŪ



PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
He/She stomped that landing	Kātahi te taunga pai
He/She is dropped into the pipe switch	Kua takararo ia ki te whitinga uerangi
That was smooth through the transition of the pipe	He huatau tērā mā te whitinga o te uerangi
He/She is boosting out of the pipe	Hoka ake ana ia i te uerangi
He/She locked in the grab with that trick	Kua mau i a ia te kapo, nā taua karawhiu
That’s the first time we have seen that trick combination!	He tauhou tērā raupapa tiriki ki a tātou!
He/She rode that course with steeze (Steeze means style and ease)	Hanga noa iho tana haere mautau mā te papa
That jump was huge	Kei hea mai i tērā peke nui/ Kia pai mai hoki tērā peke nui
He/She locked in the grab on every hit (or trick)	I katingia e ia te kapo mō ia karawhiu
What a way to represent New Zealand on the world stage!	Haramai tētahi āhua ki te whakaatu i Aotearoa i mua i te ao katoa!



WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Long track	Araroa
Short track	Arapoto
Blades	Ngā mata
Boots	Ngā pūtu
Ice	Kōpaka
Oval	Porotītaha
Skin suit	Kahu kiri
Inner lane	Araroto
Outer lane	Arawaho
Start line	Pae tīmata
Finish line	Pae mutunga
Final lap	Huringa mutunga
Lap	Huringa
Aerodynamic	Koutata
Sprint	Kōpere
Drafting	Whaiwhai pīhau
Body position	Te tū o te tinana
Stride	Whāronatanga

SPEED SKATING

RETI KŌPAKA TERE



PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
He/She exploded off the start line!	Pakō tōna tīmatanga!
He/She is drafting for maximum speed	Kei te whaiwhai pīhau ia, nōhea hoki e mau
He/She is making inroads in the inner lane	E whakatata ana ia i te araroto
He/She is chasing split times with relentless pace	Kei te whaiwhai ia i ngā wā wehewehe mā tana whakahohoro
He/She is kicking hard for the finish line	Kei te whakatere ia ki te pae mutunga
He/She completely emptied the tank	Kua ruha katoa ia
He/She is gliding through the pack with control	E āta whakatipi ana ia mā roto i te tira
He/She is accelerating out of the bend	Kei te whakatere atu ia ki waho i te piko
He/She has represented New Zealand with pride for many years now	E hia kē nei tau ia e tū ana hei kanohi toa mō Aotearoa
What a legacy he/she has made for this sport	Ka kōrero pūrākau ngā reanga mōna



WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Snowboard Slopestyle (Event)	Eke Papahuka Harapaki
Snowboard Halfpipe (Event)	Eke Papahuka Uerangi
Snowboard Big Air (Event)	Eke Papahuka Tārewa
Kicker	Peke hoka
Grab	Kapo
Carve	Rere tāwhe
Shred	Tūwhiti
Cab (180/360/540/720 etc); Cab is a direction of rotation	Ahu
Tailpress	Takahi hiku
Front side air	Anga hau mua
Back side air	Anga hau muri
Switch backside	Huri muri
Rail slide	Reti kaho
Board	Papa
Bindings	Ngā here
Boots	Ngā pūtu
Natural/Goofy stance	Tū mauī/katau

* Steezy - Mautau [Mauru W.198 ‘quieted, eased, allayed, propitiated’ huatau W.66 ‘comely, suitable, elegant, smooth running, fall abundantly, flow freely’]

SNOWBOARDING

EKE PAPA HUKA



PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
Stomped the landing	Kātahi te taunga pai
It’s a bluebird day (means not a cloud in the sky)	He rā mokopuna
Steezy (means style and ease)	Mautau* [mauru + huatau]
Drop in	Takararo
Full send	Kōkiri
He/She has dropped into the halfpipe with style	He rawe tana taka atu ki te uerangi
He/She is sending it big off the kicker	Me he kāhu hāro tōna rere i te tīmatanga
He/She hit that like it was nothing	Ānō nei he maramara keke tērā
He/She made that look absolutely effortless	Tā te ringa rehe, tāna mahi
He/She is riding switch like a boss	Me he tē tāna huri
He/She has sent it to the moon!	Kua tukua e ia ki a Rona!
This team is full of champions!	Kī katoa tēnei kapa i ngā hautoa!



GENERIC TERMS NGĀ KUPU TUKUPŪ

WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Olympic Winter Games	Ngā Taumāhekeheke Takurua o te Ao
Olympic Torch	Te Rama
Olympic Flame	Te Mura
Olympic Rings	Ngā Rīngi
Flagbearer – Male	Pou hāpai – Tāne
Flagbearer – Female	Pou hāpai – Wahine
Opening Ceremony	Pōwhiri
Closing Ceremony	Poroaki
Parade of Nations	Whakakitenga Whenua
Medal	Mētara
Gold	Kōura
Silver	Hiriwa
Bronze	Parāhi
Podium	Pourangi/Ahurewa
National anthem	Waiata ā-motu
Flag	Haki
Country	Whenua

WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
International	ā-Ao
Sport	Hākinakina
Event	Tauwhāinga
Competition	Whakataetae
Heat/Round	Whiringa
Preliminary Round	Whiringa tuatahi
Final/Medal round	Whiringa toa
Quarter-final	Whiringa whānui
Semi-final	Whiringa whāiti
Race	Whakataetae/Tauoma
Trial	Whakamātau
Repêchage	Tauoma rauora
Sprint	Hohoro/Tauoma
Participant	Tangata
Athlete	Kaipara
Competitor/Contestant	Kaiwhakataetae
Player	Kaitākaro



GENERIC TERMS NGĀ KUPU TUKUPŪ

WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Individual/Single/Solo	Takitahi
Doubles/Pair	Takirua
Trio	Takitoru
Quad	Takiwhā
Team	Kapa/Tira
Group	Rōpū
Coach	Kaiako
Head Coach	Kaiako Matua
Assistant Coach	Kaiako Tuarua
Doctor	Rata
Physiotherapist	Kaihaumanu koiri
Official	Āpiha
Judge/Judges	Kaiwhakawā/Ngā Kaiwhakawā
Judging panel/Jury	Pae kaiwhakawā
Referee/Umpire	Kaiwawao
Timekeeper	Kaimātai wā
Record-keeper	Kaituhi

WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Media	Hunga pāpāho
Interviewer	Kaiuiui
Broadcast	Pāhotanga
Commentator	Autaua/Kaipāpāho
Hosts/Home crowd	Hau kāinga
Visitors/Guests	Manuhiri
Supporters	Kaitautoko
Fans/Followers	Kaiwhaiwhai
Crowd/Audience	Whakaminenga
Viewers/Spectators	Kaimātakitaki
Venue	Papa
Stadium	Taiwhanga hākinakina
Course	Papa
Athlete Village	Pā Kaipara
Mountain	Maunga
Rink	Papareti kōpaka



GENERIC TERMS NGĀ KUPU TUKUPŪ

WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
Winner/Win	Toa
Result/Results	Whakataunga
First	Tuatahi
Second	Tuarua
Third	Tuatoru
Runner-up	Wairuatoa
Gold medallist	Toa kōura/Toa mātāmua
Silver medallist	Toa hiriwa/Toa mātāwaenga
Bronze medallist	Toa parāhi/Toa mātāmuri
Placing/Standing/Ranking	Tūnga
Tie/Draw/Equal	Ōrite/Taerite
Point/Points	Whiwhinga/Kaute
Score	Kaute
Scoreboard	Papa kaute
Qualify	Uru
Time	Wā

WORD LIST: ENGLISH	NGĀ KUPU: MĀORI
New Zealand	Aotearoa
Fern	Rau ponga
Traditional Māori Cloak	Kākahu
Southern Cross	Te Māhutonga
The Matariki Connection	Te Hono ki Matariki
Guardian/Champion/Supporter	Pou Tangata
NZ Team	Te Kapa o Aotearoa
Celebrate	Whakanui
Applaud/Clap	Pakipaki
Cheerful/Elated	Manamanahau
Proud/Pride	Whakahī
Humble/Humility	Ngākau māhaki
Inspiration	Ranga wairua
Excellence	Kounga
Olympic Champion	Toa Taumāhekeheke o te Ao
Winter Olympic Champion	Toa Taumāhekeheke Takurua o te Ao



COMMON PHRASES NGĀ KĪANGA MĀORI

PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
I'm proud	E whakahī ana au
I'm proud of my team	Kei te whakahī au i taku kapa
I'm proud to represent my country	Ko au ko taku whenua, ko taku whenua ko au
This is for my family	Mō taku whānau tēnei
Thank you (formal)/Thanks (informal)	Tēnā koe (ōkawa)/Kia ora (ōpaki)
Well done	Tino pai
Incredible effort	Inati te mahi
True sportsmanship	Tino tōkeke
Olympism	Te Poutūmārōtanga
Heat of battle	Mura o te ahi
Chances are they will be victorious	Māna ka eke panuku rātou
An extraordinary effort	He inati te karawhiu
There's no one better	Kāore i tua atu!

PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
You're the best	Kei runga noa atu koe
Incredible!	Ehara i te hanga!
A chip off the block!	He uri nō ōna mātua, tipuna!
That's amazing	Ka mau te wehi
You're amazing	Ka mau kē tō wehi
Neat, alright!	Ka wani kē!
How great! Well done!	Ka rawe! Ka mutu pea!
That's wonderful!	Kei whea mai!
Let's go!	Rehekō! Kōkiri!
Hooray! Yeah!	Hurō! Hī-hā!
Amazing!	Mīharo!
Awesome!	Tau kē! Wananei!
Be strong! Give it your all!	Kia kaha! Kia toa!



COMMON PHRASES NGĀ KĪANGA MĀORI

PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
Go hard or go home!	Okea ururoatia!
Go big!	Reia ngā moana!
Go hard!/Give it heaps!	Karawhiua!
Go hard!	Okea!
Pretty good!/Not bad at all!	Autaiā tonu!
Poor thing/What a pity for him/her	Ka aroha/Ka aroha ki a ia
I hope he/she is okay	Ko te tūmanako e pai ana ia
I'm so nervous	Āmaimai ana au
They standout from the rest	He huia tū rae
Choice!	Taputapu kē!
Fabulous!	Kei reira!
OMG! Oh my goodness!	Wehi nā! Kātahi hoki!
Yeeyah!	Pāia!
Wow!	Aeha!

PHRASES: ENGLISH	NGĀ KĪANGA: MĀORI
He/She is the best	He toa/Ko ia te tino
He/She has gone from good to great	Nāwai ka rawe rawa atu
A great role model	He tino iho pūmanawa
A heroic effort	Tā te tuahangata
There's no one like him/her/Without equal	Kāore i tua atu i a ia
He/She is extraordinary	He hautupua/He hautipua
That's my team!	Koirā taku kapa!
We got backs!	Kei tō tua! Tautoko mārika!
Check out the difficulty rating on that one!	Inā te uaua o tērā!
He/She left it all out there on the course	I karawhiua e ia mō te hemo tonu atu ki te ara
Go, NZ, go!	Kia kaha, Aotearoa!
He/She is heading to the final	Kotahi tonu atu ia ki te whiringa toa
He/She came out of nowhere	Whāia nei ka puta mai ia



ACKNOWLEDGEMENTS

NGĀ WHAKAMOEMITI

Tēnei mātou te whakawhetai nei ki te kapa katoa nāna tēnei kuputaka i tārei. Hei tamaiti tēnei mahi mō te kahupapa pakari i whakatakotoria e *Te Reo Māori ki Parī 2024*, nā reira, tēnei mātou te whakamoemiti ki ōna kaiwhakamāori, ki a Oriini Kaipara, ki a Raniera Harrison, me Te Ama-Rere Tai Rangihuna, ka kitea tō rātou matatau me tā rātou whakapaunga kaha i konei. Me mihi hoki ka tika ki te hapori whānui kē atu, arā, ki ngā mātanga reo, ki ngā kaiarotake me ngā manu mōhio, nā tā rātou mahi arataki i te kaupapa i puta ai tēnei pukapuka ki te ao.

We extend our sincere appreciation to all who contributed to the development of this glossary. This work builds on the strong foundation laid by *Te Reo Māori ki Parī 2024*, and we acknowledge its translators, Oriini Kaipara, Raniera Harrison, and Te Ama-Rere Tai Rangihuna, whose expertise and care informed many of the terms included here. Our thanks also go to the wider community of linguists, reviewers, and knowledge holders whose guidance and insight made this resource possible.

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Tāne Karamaina, Te Arepa Morehu, Hirini Stewart, Piripi Walker

Ngā Kaiwhakaū Kounga | Quality Assurance
Tāne Karamaina, Te Arepa Morehu, Hirini Stewart, Piripi Walker

Te Kaiarotake | Review
Ngahiwi Apanui-Barr

Ngā Kaiārahi | Leaders
Alex Spence (Te Whare o Pou Tangata), Pirimia Burger (Te Taura Whiri i Te Reo Māori), Kirstin Te Wao-Edmonds (Rangiata Sky)

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