

## CHEYENNE ROVA

Cheyenne Rova is an Olympian who represented Fiji in swimming at the Tokyo 2020 Olympics, balancing her athletic journey with her career as an educator.

She is the Physical and Health Education Subject Lead and Service as Action Coordinator at International School Nadi, where she is dedicated to shaping students' growth both in and out of the classroom.

Passionate about empowering young people, she coordinates school sports teams and events while instilling values of teamwork, discipline, and self-responsibility.



Beyond teaching, she founded *Aspire to Inspire*, a workshop connecting professional women in sport with student-athletes to motivate and create pathways for future leaders. With a commitment to resilience, service, and opportunity, Cheyenne continues to inspire her community through both sport and education.

She serves on the Fiji Athletes Commission and has recently been appointed to the World Aquatics Athletes Commission.

### **Special Project: Fiji Athletes' Commission - Mentoring Builds Leadership**

Leadership confidence can be developed through mentoring, and participation in leadership discussions may be increased by using structured tools to facilitate leadership expressions.