



**EDUCATION**

EXCELLENCE | RESPECT | FRIENDSHIP

NEW ZEALAND OLYMPIC AMBASSADORS

# VISIT OVERVIEW

## Who are the NZOC Olympic Ambassadors?

NZOC Olympic Ambassadors are inspirational role models with a great sporting and life story to tell. They are Olympians, which means they have been to at least one Olympic Games. They may be retired from their sport or they may still be competing.

## Who is the Ambassador visit aimed at?

Students aged 8 – 18. The Ambassador's presentation will be too long and too complex for junior primary school students.

## What can I expect from an Ambassador's visit?

NZ Olympic Ambassadors will share their sporting, Olympic and life experiences, and will deliver key messages and examples to inspire students. They will motivate students to live the Olympic Values through sport and life, to participate and be resilient, and to be the best they can be.

An Olympic Ambassador's visit will take about an hour. The Ambassador will have a prepared presentation which will run for about 30 – 40 minutes. The Ambassador will also expect to answer questions from students. They can also present any appropriate awards, and have photos taken with students and staff at the conclusion of the visit.

**Note:** *The Ambassador is not there to coach your students in a sport and, unless organised specifically with the NZOC, they are not there to be a guest speaker at school prize givings.*

## What do I need to do to ensure a good visit?

1. The Ambassador will contact you before the visit. Make sure they know where/ who to meet, who their audience will be, and any specific focus you would like them to cover.
2. Organise the necessary technology. The Ambassador will need a projector, screen, and sound for their presentation.
3. Prepare your audience for the Ambassador's visit. You will be sent the Ambassador's Profile. This can also be downloaded from the [NZOC website](#). Make sure students have read (or had read to them) this Profile and get them to prepare questions.
4. Ideally, connect the Ambassador's visit to some of the suggested learning activities.
5. Please be present for the entire session. Remember that the Ambassadors are not teachers and you need to be there so that the session runs smoothly.
6. Encourage students to ask questions and participate, and also remind them to be respectful of the Ambassador and others.
7. Have a camera! Your students will want to remember the visit and the NZOC would love to receive any photos or videos of the visit.
8. Complete the short feedback form for the NZOC shortly after the visit.

## Potential teaching and learning before the visit

### The Ambassador and their sport

- Have students use a KWL chart to record what they already know about the Ambassador or their sport, and what they still want to find out. Keep the L (*what I have learnt*) column to be filled out at the end of the unit.
- Conduct a group investigation or inquiry into the Ambassador or their sport. Have students think of questions as a class or in small groups.
- Brainstorm what the class knows or have learnt about the Ambassador's sport. Have students identify key physical skills that the Ambassador needs to be excellent at in their sport. Brainstorm ways to practise these skills. E.g. *for basketball you might practise basic ball skills, and for kayaking you might practise paddling with a cricket bat while walking across a court or field.*

### Olympic Values

- The Olympic Values are Excellence, Friendship and Respect. Brainstorm how the community, school, or students live the Olympic Values. Use the Ambassador's Profile to discuss how the Ambassador is living the Olympic Values. Have students compare how they and the Ambassador are living the values.
- State the school values. Discuss whether the Olympic Values are the same as the school values. If the same, how do students try and live those values at school? If different, are they really different, or are they actually similar using different words?
- Have students fill out the attached goal-setting worksheet, focusing on living the Olympic Values in their own lives. These should be goals the students can make progress towards in the next few months.

### Questions for the Ambassador

- Brainstorm what makes a good interview question. Talk about open and closed questions, and using "who, what, when, where, why, which and how".
- Have students work in pairs to create a list of questions for the visit. Discuss the questions as a class. Decide which questions will be asked during the visit. Have students practise asking a partner the questions.

## Potential teaching and learning during the visit

- Record or photograph the visit. Post images of the visit on social media.
- Have students take notes as the Ambassador speaks or answers questions.

## Potential teaching and learning after the visit

- Have students fill in the L (*what I have learnt*) column of their KWL charts. Have them review the W (*what I want to know*) column to see if they have found answers to everything. Is there anything else they want to know? Discuss ways they could find out.
- Make a wall of pictures of the visit. This could include pictures drawn by the students. Have the students write captions for the images.
- Have the students use their notes or recordings from the Ambassador visit to create a report, poster, video, slideshow or presentation about the visit.
- Discuss how the Ambassador showed Olympic Values in their stories or during their visit. Discuss ways students could do the same at school or in their home lives.
- Discuss what the Ambassador said about their life or daily routine. Get students to compare and contrast their own lives or daily routines with the Ambassador's.
- Complete the **NZOC Olympic Ambassador Visitor follow-up resource**.

## New Zealand Curriculum Links

### VISION

An Olympic Ambassador visit helps create young people who are confident, connected, actively involved, and who are life-long learners.

### VALUES

The Olympic Values of Excellence, Friendship and Respect directly support and reinforce the values in the New Zealand Curriculum.

### KEY COMPETENCIES

The Ambassador's presentation will mean students engaging with all the key competencies.



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# GOAL SETTING



Name:

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Year:

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My Goal:

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What Olympic Value does my goal best fit?

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Why?

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Why I want to achieve this goal?

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What I will do to achieve my goal?

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Date I achieved my goal:

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